

# Spring 1



## Health & Self-Care

The children will be learning about how to keep their bodies healthy. We will explore healthy eating, the benefits of exercise and some strategies to support mental well-being, such as mindfulness and yoga.

We will learn about how we can take care of ourselves through good hygiene and self-care; focussing on toileting, dressing and brushing our teeth.

Through this topic we will also learn about people who help us to stay healthy, such as Doctors, Nurses and Dentists.



### Key Vocabulary:

Healthy, care, look after, fruit, vegetables, teeth, clean, wash, Wellbeing, body, mind, how do you feel?

## Chinese New Year

This will be the year of the Tiger.

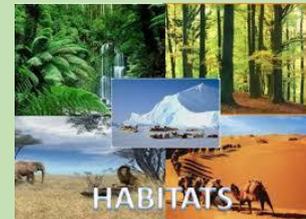
Through this topic we will explore different cultural celebrations and traditions, make decorations, explore music & dance and learn about the animals of the Zodiac, especially the Tiger.



### Key Vocabulary:

Lunar, New year, China, 2022,  
Tiger, zodiac, celebrate, decorate, year

# An Overview of Topics and Learning Experiences Spring 2022.



## Habitats

In the Autumn we looked at different habitats in the UK so this term we will be exploring further by looking at **Polar, Desert, Rainforest & Ocean** habitats.

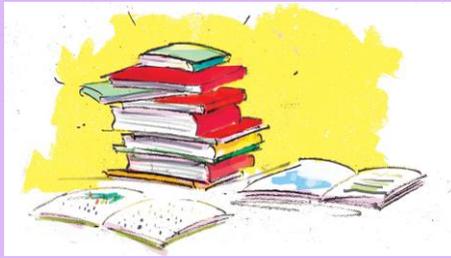
We will learn about the features of different habitats, where they are in the world, which animals live there and why.

### Key Vocabulary:

Sea, water, fish, swim  
Rainforest, tree, monkey, swing  
Hot, sand, snake, slither  
Ice, cold, polar bear, slide

- Forest School on & off site
- Little Kickers- listening and ball skills
- Drama Workshop
- Music Groups

## Spring 2



### Book Fortnight

The children will become **Authors & Illustrators**, creating and publishing their own story books.

This topic will enable the children to use their imaginations and creativity exploring stories and learning about real Authors and Illustrators. They will explore the features of books and tell their own stories.

On World Book Day the children can come to school dressed as their favourite book character.

#### Key Vocabulary:

Book, read, Author, Illustrator, write, draw, illustrate, publish, story, fiction, Front cover, title, written by.... blurb, spine, page, back cover



### Spring & Easter

We will explore the changing of the seasons as our school garden bursts into life. We will look at the life cycles of plants and animals, plant seeds and bulbs and make observational drawings of Spring flowers as they come into bloom.

We will learn about the life cycle of the chicken through the Living Eggs programme where we will look after eggs in an incubator, watch them hatch and take care of the chicks.

We will learn about stories and traditions linked to Easter and Spring.

#### Chick Vocabulary:

Grow, change, chicken, chick, egg, feather, dander, beak, egg tooth, wings, life cycle, adult, baby, hatch, pipping, shell, incubator, brooder, food, water, alive, living, bird.



### Animal Groups

#### Mammals, Birds, Amphibians & Reptiles

Animals are always an exciting topic so we will be learning about different types of animals, looking at their features, similarities and differences. We will explore life cycles and think about how we as humans grow and change.

There will be lots of opportunities for role play and movement.

#### Key Vocabulary:

Animal, same, different, mammal, bird, amphibian, reptile. Animal names.

Grow, change, baby, child, teenager, adult, born.

- Bring Your Grown-up to School Day
- Little Kickers- listening and ball skills
- Forest School on & off site
- World Book Day
- Living Eggs- Chicks
- Easter Bonnet Parade
- Music Groups